

BRIGHTON PHOENIX OPEN



ATHLETIC AND TRIATHLON CLUB

Open Graded Track Meeting/BMC Races

Wednesday 18 May 2011 at 7pm

Withdean Stadium, Brighton BN1 5JD

- *Electronic Timing and Photo Finish*

- 7.00 **PHX 800m U9 Boys and Girls**
7.10 **PHX 800m U11 Boys and Girls**
7.20 **PHX 800m U13 Boys and Girls**
7.30 **PHX 800m U15 - Senior Men and Women**
7.50 **BMC 800ms - U17/U20 Senior Men and Women**
8.15 **BMC 1500ms - U17/U20 Senior Men and Women**
8.40 **PHX 3000m U15 - Senior Men and Women**

Timings may vary according to entries.
The BMC races will go off on time.

Competition run under UKA laws excepting U9s and U11s
Ages as at 31 August 2011



PHX Race Entries

Pre Entries via email £2 per event to be paid
when collecting number on the day
Email entries to paul.collicutt@virgin.net
Please title all emails **PHOENIX OPEN**

Enquiries to paul.collicutt@virgin.net
or Telephone **01273 206418**

Pre Entries close midnight 17 May 2011
ENTRIES on day £4 per event

BMC Race Entries

in advance via website
www.britishmilersclub.com/enteronline

Contact for BMC Races
Neville Taylor
Email nhtassociates@btinternet.com
or Telephone **01403 790800**

PLEASE EMAIL YOUR DETAILS TO THE ABOVE EMAIL OR BMC RACES ENTER ON LINE YOUR PAYMENT.
COLLECT YOUR RACE NUMBER ON THE EVENING. SEE YOU THERE!
The event is run under UK Athletics rules.

Surname _____
UKA affiliated club _____
Event 1 _____
Event 2 _____
Date of birth _____
Email address _____

First name _____
EA reg no (if known) _____
PB or predicted time _____
PB or predicted time _____
Age on race day _____

www.brightonphoenix.org.uk